

COMMUNICABLE DISEASES INFORMATION CHART

DISEASE	INCUBATION PERIOD	EARLY SIGNS OF ILLNESS	EXCLUDE FROM ATTENDANCE	REMARKS
Chickenpox	10-21 Days	Slight fever, rash, consisting of blisters that appear first on head, then spread to body.	Until 6th day after onset of rash, but no longer than one week. Immuno-compromised children should be excluded for the duration of vesicular eruption.	May return with dry scabs.
Common cold and Flu	1-3 Days	Runny nose, watery eyes, general tired feeling. Usually no fever unless infection develops.	Until clinical recovery	Teach importance of washing hands and covering mouth when coughing or sneezing.
Conjunctivitis Bacterial & Viral (Pink eye)	24-72 Hours	Red eyes, discharge from eyes, crusted lids	Until treated	Teach importance of hand washing.
Erythema Infectiosum (fifth disease)	6-14 Days	Red flushed cheeks, "slapped cheek appearance," macular papular rash on extremities, circumoral pallor.	Until 4 days after appearance of rash	Pregnancy precautions. Consult your physician.
Hepatitis, Viral Type A	15-50 Days usually 28 Days	Nausea, vomiting, extreme fatigue, often pain in upper abdomen followed by jaundice. Mild cases occur without jaundice in children	Until released by health care provider or Health Department	Supervised hand washing after using toilet and before meals will help control spread. Emphasize personal hygiene.
Impetigo	Variable	Blisters on skin that open and become covered with yellowish crust, no fever.	Until treatment begun. May refer to PUSD Clinic	Keep lesions covered while in school. Teach importance of handwashing and keeping fingernails clean.
Measles	7-14 Days	Runny nose, watery eyes, blotchy red rash appears on 4th day.	4 Days after onset of rash	Vaccine required for all children under State law.
Mumps	12-26 Days	Swelling over jaw in front of one or both ears. Pain in ears. Pain in cheeks made worse by chewing.	Until clinical recovery	Vaccine required for all children under State law.

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Pediculosis Head Lice	Eggs hatch in 7-10 Days	Itching & scratching of scalp. Pinpoint white eggs on hair that will not flake off.	Until shampoo or lotion treatment given with pediculicide and all nits have been removed.	Second shampoo in 7-10 days may be needed. Teach importance of not sharing hair care items. Treatment of all household contacts essential.
Rubella	2-10 Days	Slight cold, swollen neck glands	Until 4 Days after the onset of rash	Vaccine required for all children under State law.
Scabies	First infection 2-6 weeks Repeat infection 1-4 days	Small red raised bumps or blisters on skin with <u>severe</u> itching. Check finger webs, wrist, elbows, belt line, and axilla.	Until treatment begun	Note needed for return to school. Prophylaxis treatment recommended for household members. Stress laundering procedures.
Streptococcal Infections Scarlet fever	1-3 Days	Fever, sore throat, often with enlarged, tender lymph nodes in neck. Scarlet fever causes a fine red rash 1-3 days after onset of sore throat.	24-48 hours after treatment has begun	
Tinea Capitis Ringworm of the Scalp	10-14 Days	Balding areas	Until treatment begun	May require systemic treatment.
Tinea Corporis Ringworm of the Body	4-10 Days	Flat, spreading, scaly ring-shaped spots on skin. Margins may be reddish and slightly raised.	Until treatment begun	May refer to PUSD clinic for treatment and return to school.
Tuberculosis	4-12 Weeks	Gradual onset, tiredness, loss of appetite, slight fever, failure to gain weight	Until under treatment and released by Health Department or private physician	All close contacts should have TB skin tests. Anti-TB prophylaxis indicated for newly positive reaction.