

# Harvest of the Month

Network for a Healthy California

# Riverside Meadows Intermediate School

Breakfast

June, 2019

3	4	5	6	7
Chef's Choice!	Chef's Choice!	Chef's Choice!	Chef's Choice!	Chef's Choice!



@PLESDWellness



Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!



## MELONS

Circle all meals that include melons. Draw a star next to all meals you would like to eat.

- How many different types of melons are on the menu?
- Are melons offered at the salad bar? What kind?
- What is your favorite kind of melon?

\*Menus subject to change without notice\*



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Lunch

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