

# Harvest of the Month

Network for a Healthy California

# PLESD Elementary Schools

Breakfast

June, 2019

| 3              | 4              | 5              | 6              | 7              |
|----------------|----------------|----------------|----------------|----------------|
| Chef's Choice! | Chef's Choice! | Chef's Choice! | Chef's Choice! | Chef's Choice! |



@PLESDWellness








Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!



## MELONS

Circle all meals that include melons. Draw a star next to all meals you would like to eat.

- How many different types of melons are on the menu?
- Are melons offered at the salad bar? What kind?
- What is your favorite kind of melon?

\*Menus subject to change without notice\*



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Lunch

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|----------------|----------------|----------------|----------------|----------------|
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